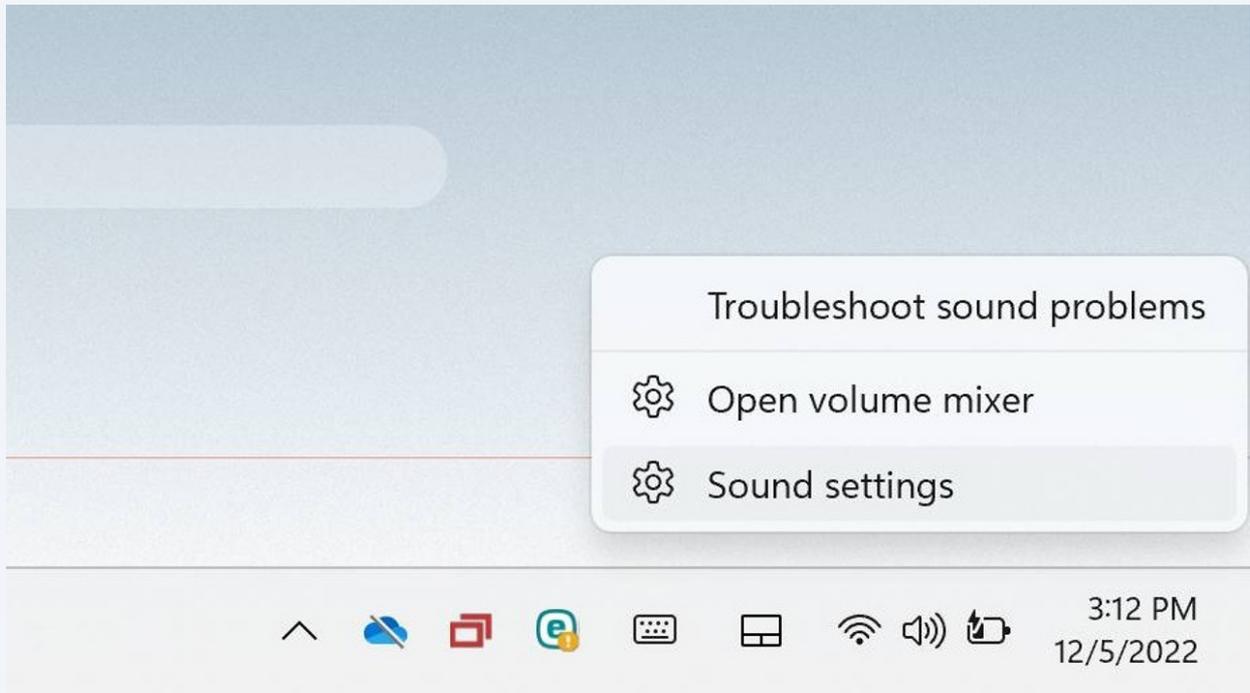


NeuroOptimal® Sound Configuration



1 Keep NeuroOptimal® closed

2 Right-click directly on the Volume icon in the taskbar, and select "Sound settings"



3 Click "More sound settings" to bring up the sound panel

Advanced

Troubleshoot common sound problems



All sound devices

Turn devices on/off, troubleshoot, other options



Volume mixer

App volume mix, app input & output devices

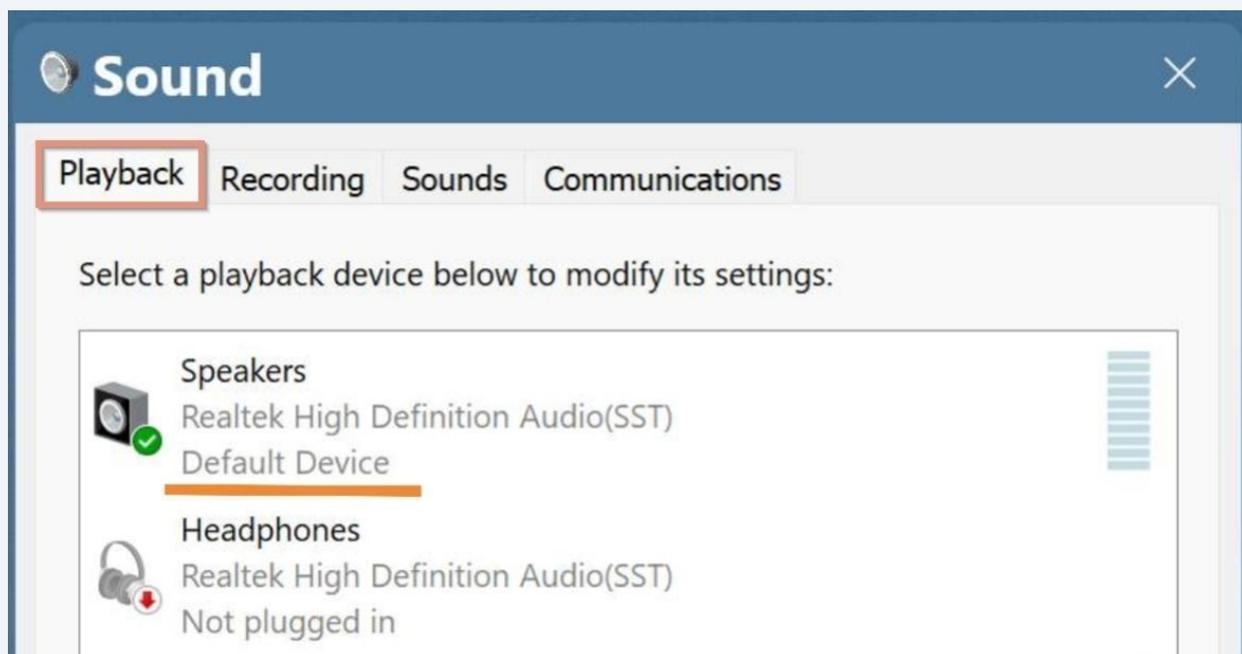
More sound settings



If you are on Windows 10:
Right-click the Volume icon in the taskbar and select "Sounds"

Playback tab

- 4 Make sure "Speakers" is set as Default Device (right-click on Speakers to bring up the menu if you need to make changes)

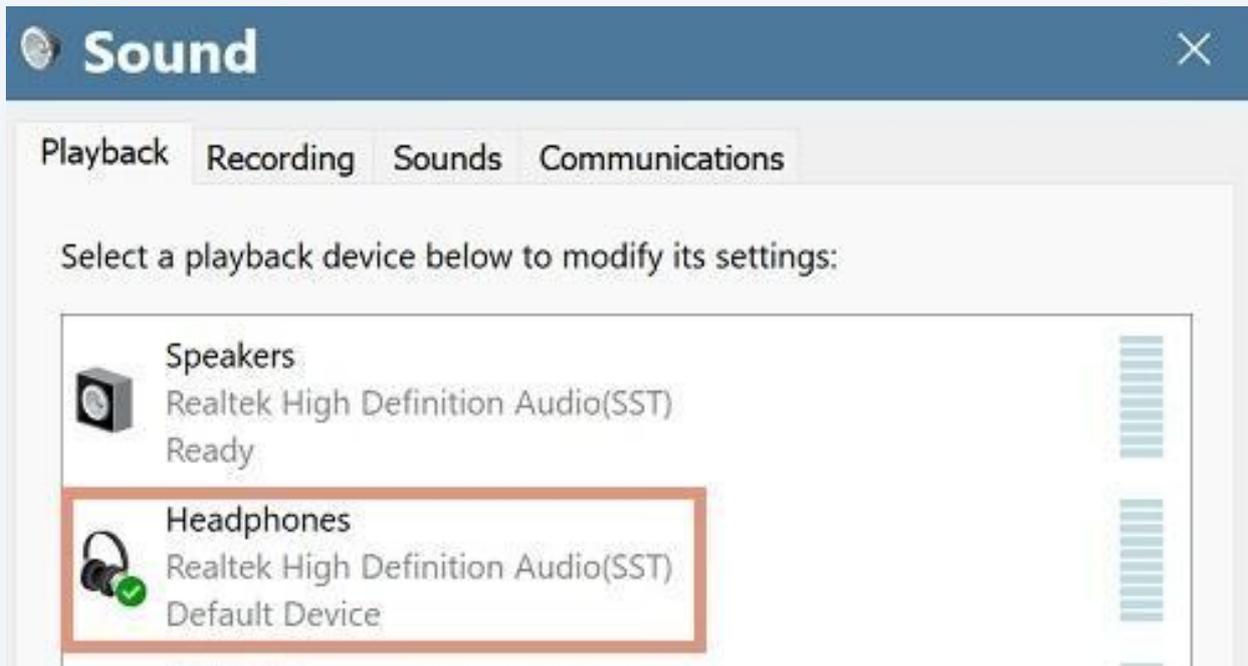


- 5 If you want to run a Session and listen through the speakers, you can now launch NeurOptimal®

- 6 If you want to use headphones or earbuds during your Session, go ahead and plug them in

7

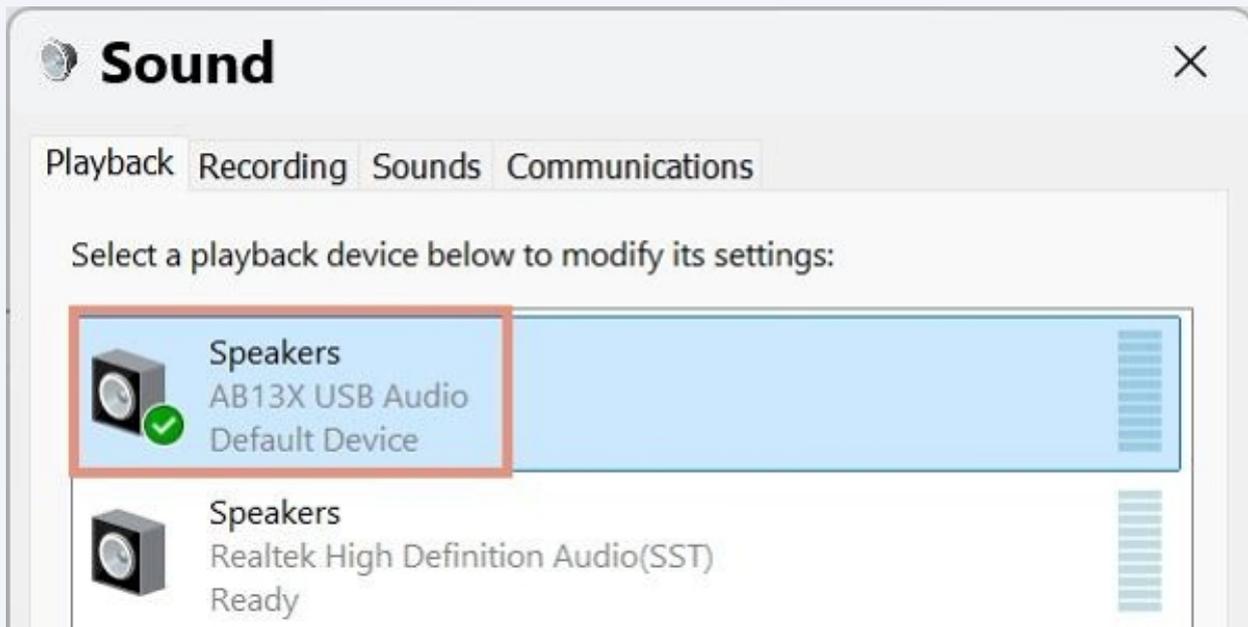
The Default Device will change to Headphones.
You can now launch NeuroOptimal and listen through earbuds



USB-C earbuds

8

If your system came with earbuds with USB-C connector, the output will switch to "Speakers AB13X USB Audio" when you plug them in. You can now launch NeuroOptimal® and listen through earbuds



Notes



If you have issues switching output while NeurOptimal is open, try and close NeurOptimal®, then change the sound output and re-launch.



You can use any headphones or earbuds with a 3.5mm headphone jack or USB-C connection.



Bluetooth headphones and earbuds are not supported in NeurOptimal® 3.5