

# Are You Ready to Experience Personal Transformation with NeurOptimal®?

## Start Your Journey...

Contact your local Trainer or find a Trainer near you at [www.neurooptimal.com](http://www.neurooptimal.com) to book a Session.

Already training with NeurOptimal® but want a more convenient, affordable option?

## Take NeurOptimal® Home

A NeurOptimal® system can also be taken home for personal use. It can be used between your Sessions with a Trainer, while you are traveling, or remotely if you live at a distance. Speak to your Trainer about purchasing or renting one today!

Your Local Trainer:



Creator of NeurOptimal®  
**Zengar®**  
Founded 1996

We know that given the right information, the mind can transform itself effortlessly. NeurOptimal® makes personal transformation accessible for everyone.

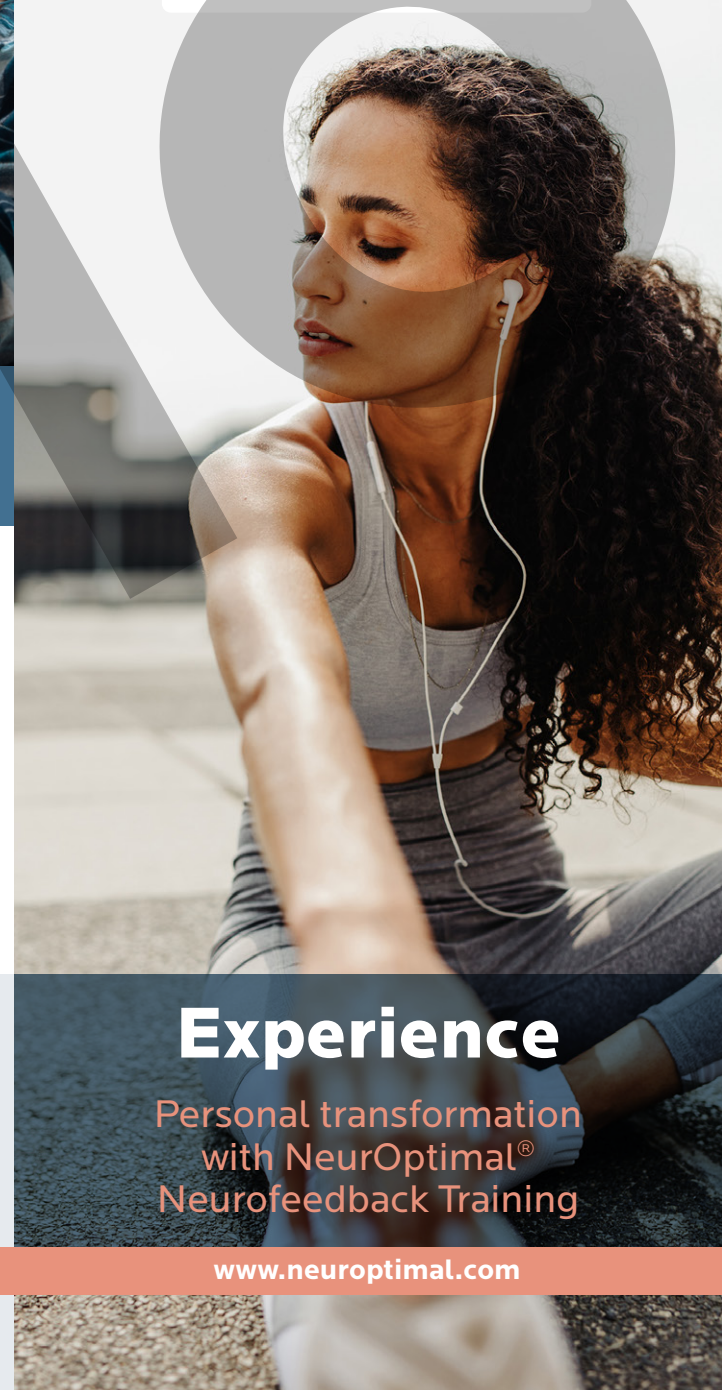
  
**NEUROPTIMAL®**  
Advanced Brain Training Systems

**info@neurooptimal.com**  
**1.866.990.Optimal (6784)**

[www.neurooptimal.com](http://www.neurooptimal.com)

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**NEUROPTIMAL®**  
Advanced Brain Training Systems



## Experience

Personal transformation  
with NeurOptimal®  
Neurofeedback Training

[www.neurooptimal.com](http://www.neurooptimal.com)



Are You Living  
**YOUR Best Life?**

Unlock your potential.  
Try **NeurOptimal®** today  
and reach new levels  
of mental clarity,  
and well-being.

## What Is **NeurOptimal®**?

NeurOptimal® is a non-invasive, cutting-edge brain training system designed to help promote a flexible and resilient mindset. It is a safe and effective tool for achieving personal transformation and improving overall wellbeing.

## Who Can Benefit From **NeurOptimal®** **Neurofeedback?**

The answer is simple: everyone! No matter your age or starting point, NeurOptimal® is suitable for anyone seeking to improve their quality of life. Whether you're a student, busy mom, business owner, athlete, executive or artist, NeurOptimal® can help you reach your full potential.

## Become a Part of Our **Global Community**

**NeurOptimal®**  
is in over 76  
countries and  
counting.

**Millions of  
Sessions have  
been run worldwide  
since 2000.**

**Over 85 000  
NeurOptimal®  
Sessions are run  
per month.**

## What Happens in a **NeurOptimal®** Session?

Doing a Session is simple and relaxing. Three clips and two small sensors are attached to your head and ears. Then, you sit back and relax while listening to the auditory feedback. During this time, NeurOptimal® measures your brain activity, collecting over 500,000 data points in a single Session. Brief interruptions in the audio stream alerts the brain to a change in its activity, providing a custom feedback loop that promotes positive impact with each Session.

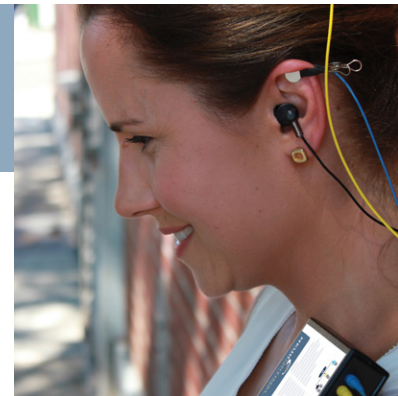
## Here's What **People Are Saying:**

### **Cutting Edge Technology!**

"A blazingly fast, cost effective, and pleasant way to achieve optimal form and function. NeurOptimal® is indescribable in words and must be experienced." – **C.P., Israel**

### **Game Changer!**

"Everyone should be assigned a NeurOptimal® system at birth." – **C.B., USA**



NOTE: Any concerns mentioned are intended as examples only and not meant to suggest that NeurOptimal® treats, mitigates, cures, or diagnoses.