# How to start a NeurOptimal® Session

## 1 Identify items.

| Paste | zAmp & USB cable | Tablet/Computer |



## 2 Launch NeurOptimal®.

Launch NeurOptimal® by tapping on the NeurOptimal® icon in the Task Bar at the bottom of the screen

**Vault**
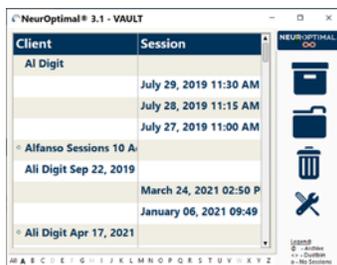
**Media Player**



## 3 Connect USB cable to zAmp and computer or tablet.



## 4 Apply sensors.



Note color coding and left/right orientation
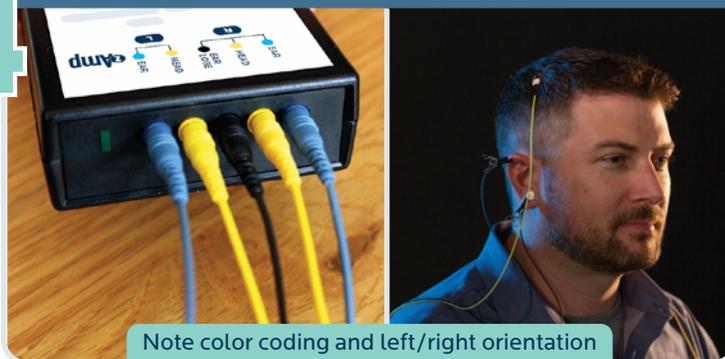
## 5 Double tap "Client" to add your name (if needed).
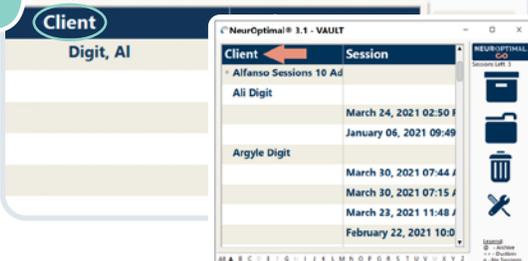


## 6 Double tap your name to start a Session.
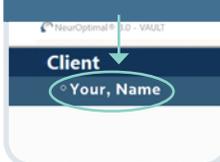


## IMPORTANT
Please always have your system connected to the Internet.

**Please contact your rental provider at** _____ **with any questions.**