



## NON-LINEAR DYNAMICAL OR A LINEAR PROCESS

NEUROPTIMAL® WAS CREATED FROM A FUNDAMENTALLY DIFFERENT VIEWPOINT THAN WERE OTHER SYSTEMS. UNDERSTANDING THESE DIFFERENCES WILL HELP YOU KNOW WHETHER NEUROPTIMAL® IS THE CHOICE FOR YOU.



### NEUROPTIMAL® DYNAMICAL NEUROFEEDBACK® SYSTEM

OR

### LINEAR SYSTEMS

	NEUROPTIMAL® DYNAMICAL NEUROFEEDBACK® SYSTEM	LINEAR SYSTEMS
<b>Focus</b>	Focus is on restoring brain resilience and flexibility because this naturally leads to a reduction in problems/issues	Focus is on treatment
<b>Diagnosis</b>	No diagnosis is necessary because Training helps your brain find its own best solution	Requires diagnoses
<b>Skill</b>	Expertise is built into the system. No skills are necessary	Requires practitioner skill
<b>Side Effects</b>	No known unwanted side effects	Potential side effects
<b>Effort &amp; Control</b>	Requires no effort or special discipline. Client simply relaxes	Requires effort on behalf of client to consciously train the mind
<b>Process</b>	100% non-invasive. Lets the brain "decide" which corrections work best	Invasive; pushes the brain in a specific direction to achieve correction