SYSTEM MAINTENANCE

Zengar® recommends performing the following maintenance on your system routinely and in preparation for a software update or ZenConnect:

1. **Set aside enough time to complete the process**
   Plan to remain with the system during the process to allow any prompts that occur

2. **Confirm at least 20GB is free and available on your SSD/HD**
   Custom media files can be moved to external drive/microSD card if available
   https://neuroptimal.com/technical-support-faqs/#check_my_storage

3. **Check for and complete all Windows 10 updates**
   https://neuroptimal.com/technical-support-faqs/#faq4
   Do not upgrade to Windows 11 at this time

4. **Run Disk Cleanup**
   https://neuroptimal.com/technical-support-faqs/#faq5

5. **Optimize the SSD/HD**
   https://neuroptimal.com/technical-support-faqs/#faq6

6. **Reboot the system**

7. **Initiate the ZenConnect or update process if desired**
   ZenConnect is not required for the update process
   Never stop an update in progress