



Renting a **NeuroOptimal®** system for home use is an easy process!  
Here is a quick checklist for you or your family to use as a guide.

#### AT TIME OF RENTING:

- How to put together the system (learn the name of the components, zAmp etc...)
- Where to place the Sensors, and how much paste should you use?
- Talk about the Progress Tracking Tools and how to track your Shifts
- You need to be online to run Sessions so make sure to understand how to connect your system to your WiFi the first time you do a Session.
- Discuss earbuds, headset, speakers or any additional media if provided
- How to clean your system

#### REMINDERS FOR HOME:

- Set aside an area for using the NO system (aside from large amounts of electrical current)
- Fit into your schedule on a consistent basis (more is not particularly better; however, it is a 'training process' so important to use it while you have it)
- Make sure you know how many Sessions you have in your rental agreement and contact your Rental Provider if you want or need more
- To Start a Session, double click or double tap the name of the Client you are starting a Session for
- Contact your Rental Provider if you wish to make any changes to your Rental contract or need any help
- If you want to add or change the music or movies, please contact your Rental Provider
- Make sure you are using your Progress Tracking Tools and checking in with your Rental Provider regularly

#### TROUBLE-SHOOTING OR 'IF IN DOUBT':

- Always contact your Rental Provider when you do not know what to do
- Watch the YouTube Video Links- "NeuroOptimal® Technical Support Team"
- In a Pro system if the Matrix Mirror pops up when you are not connected to a second monitor, minimize the mirror, or ask Provider to switch to a Personal mode
- If your Rental Provider requests a ZenConnect call you can connect at
  - <https://neurooptimal.com/neurooptimal-rental-zenconnect-support>
  - go to bottom of the page under LIVE Support and Are you currently renting a system from a Trainer and are looking for Technical Support?
  - "Click Here"

Contact me directly at: